

Empowering patients to look after themselves

3rd International Conference of Diabetes
Nepal
16 Feb 2013
Charles Fox

Acute / chronic illness

What are the real differences in our approach?

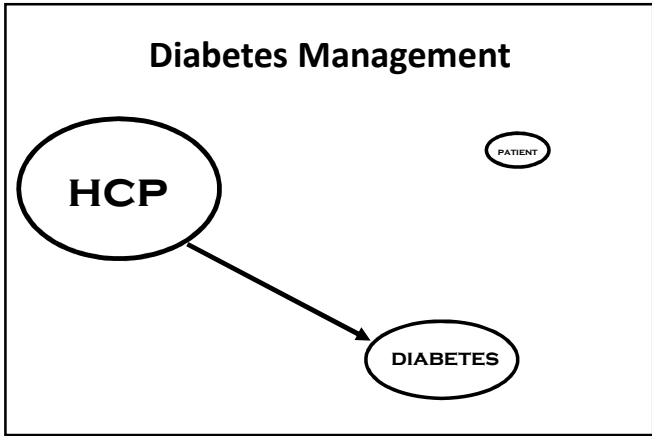
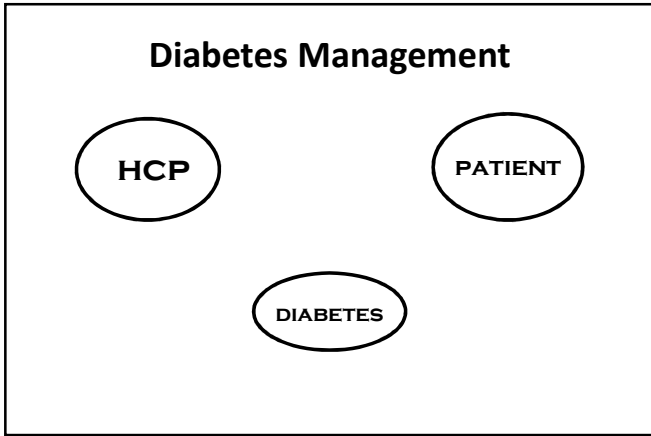
	<u>ACUTE</u>	<u>CHRONIC</u>
HCP:	active	collaborative
Patient:	passive	active

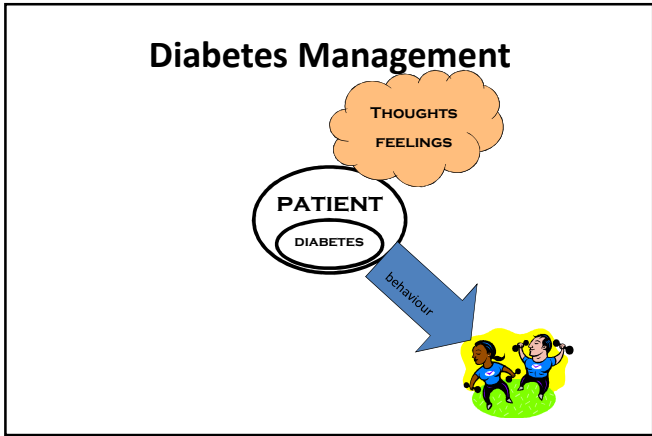
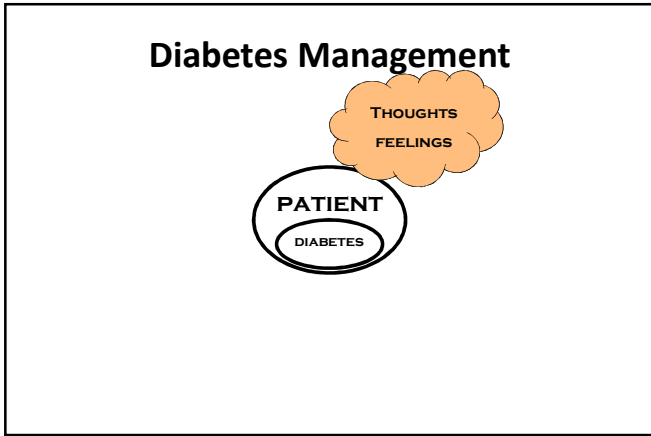
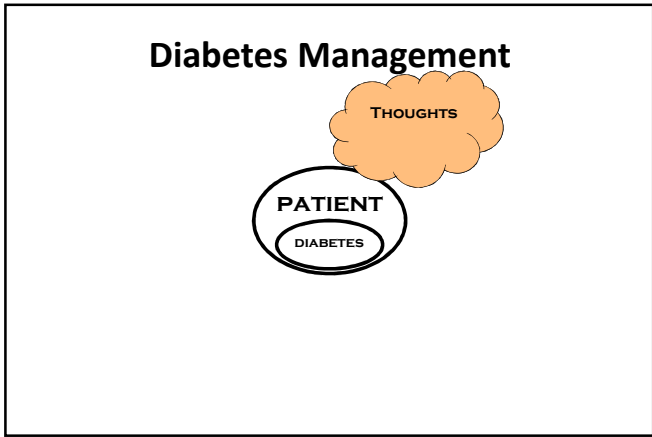
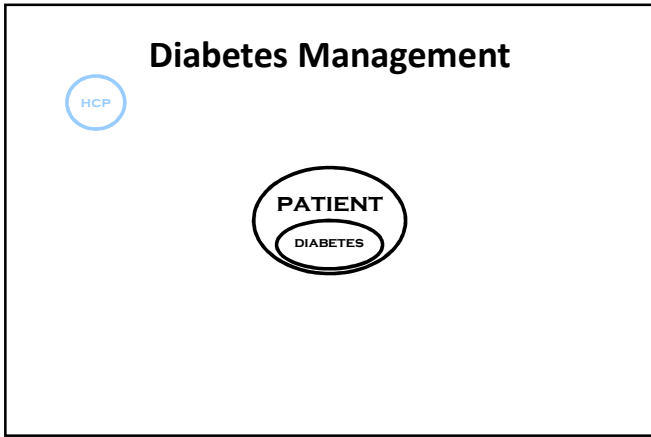
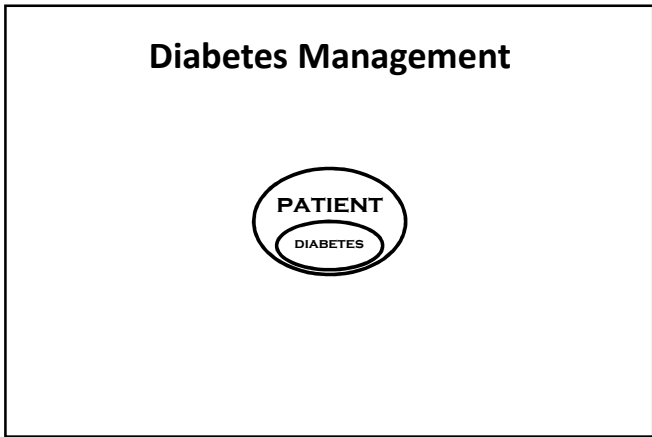
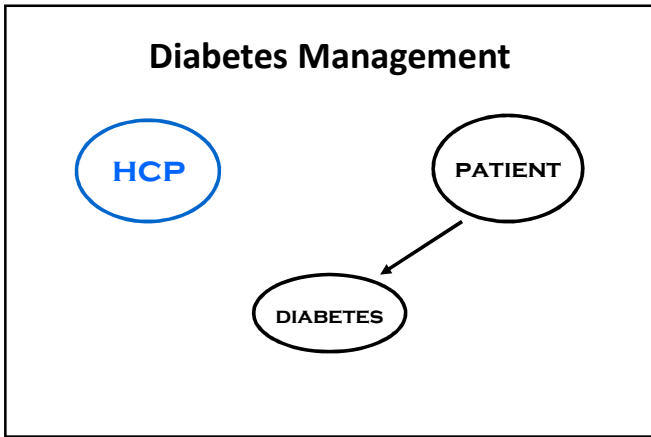
The Problem

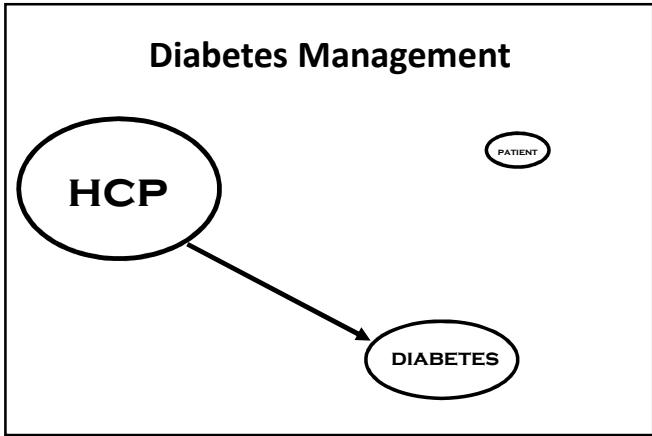
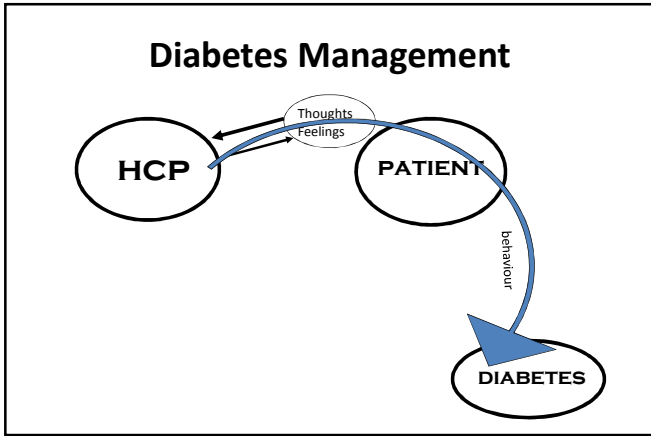
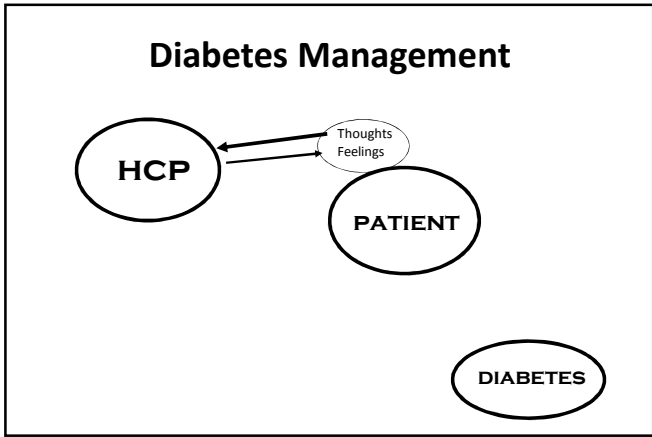
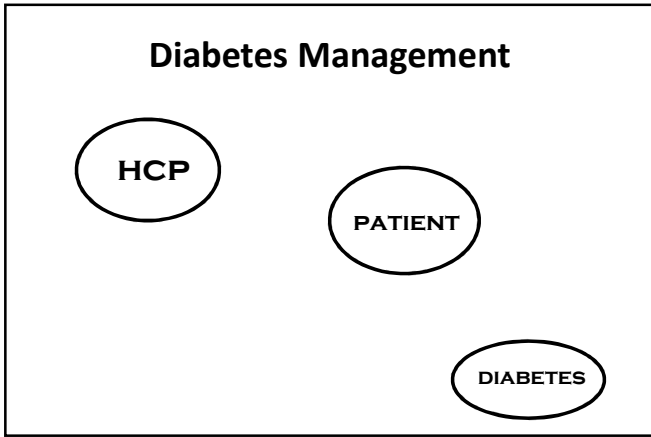
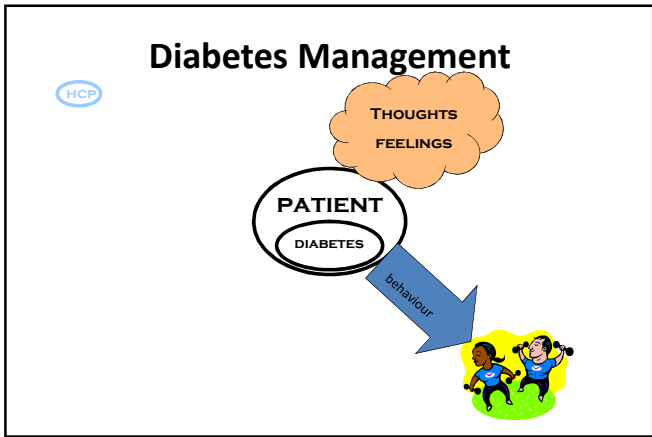
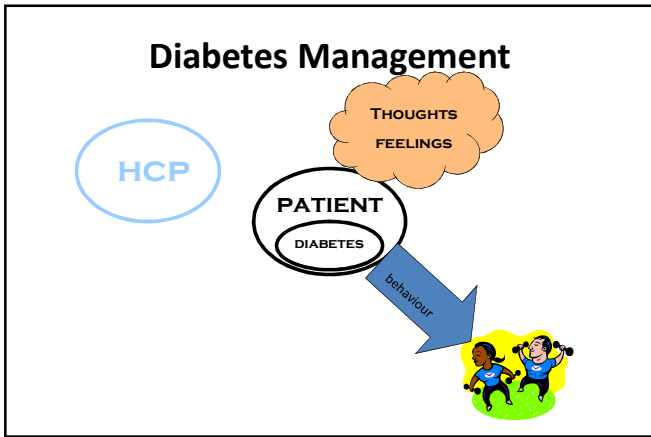
- We are all fixers
- We really want to make people feel better
– and believe we can make them better

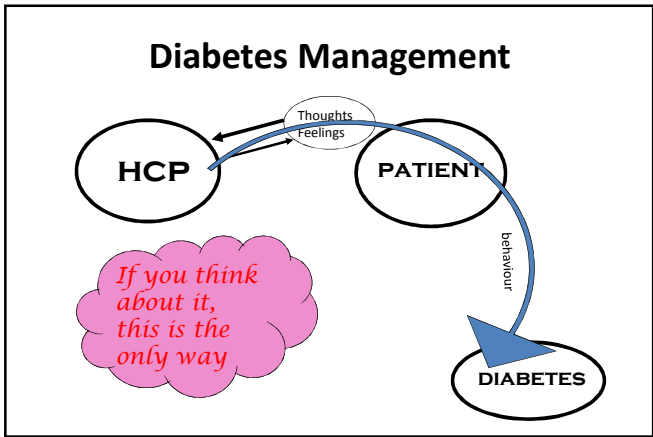
A Model of Care

We can only work with / through our patients









Lent by Bob Anderson

“However, we will guide, teach and advise you so that you can manage your diabetes well and have the kind of life you want.”

“We will support you every step of the way.”

Lent by Bob Anderson

We are diabetes experts.

Patients are the experts about their own priorities, resources and values.

Effective diabetes care requires both experts to work together to develop a self-management plan that fits the patients diabetes and the patients life.

We ask our patients ‘What is your greatest concern about your diabetes?’

What can we do to help you address your concerns?

What can we do to help you reach your goals?

Lent by Bob Anderson

Working Together

Lent by Bob Anderson

QUESTIONS PLEASE